# 18<sup>th</sup> Annual Death Valley Open Water Swim Meet SC LSC Open Water Championships

Name of Meet:

Date of Meet:	June 9, 2012 (severe weather date June 10, 2012)				
Meet Sanction:	Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number: SC1267OW and US Masters Swimming: Sanction Number: 552-OW001				
Host Club:	Clemson Aquatic Team				
Meet Director: Meet Referee: Meet Entries to: Safety Marshal:	Jacqueline Grossmanjelgrossman@gmail.com864-646-8836Jim Keoghjakeogh@att.netJacqueline Grossmanjelg@innova.net864-646-8836Scooter Arwoodlarwood@clemson.edu864-650-5154				
Facility:	East Beach, Hartwell Lake, at the CU Rowing Facility, 522 East Beach Drive, Clemson SC 29634 (GPS Co-ordinates: Lat: 34.677159, Long: -82.854853). Water depth depends on the spring rains, start will be 5-14 feet, and the rest of the course is 25-50 feet. Water temperature is expected to be in the low 80°F.				
Rules:	Meet to be conducted in accordance with the current USA Swimming Rules and Regulations, SC Policy and Procedures, US Masters Swimming Open Water Swimming Rules and information herein. All safety requirements will be enforced for the well-being of our swimmers. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. One event swimmers, USMS members, and out of SCLSC USA-Swimming members can place and receive award(s) in event(s) swum but can not place in the SCLSC Championships.				
Athlete Eligibility:	This meet is open to all current members of USA Swimming and US Master Swimming. Age is determined by age on June 9, 2012. Non-Member athletes may register for a one-event membership.				
Entry Fees:\$40 includes one event, cap, t-shirt and athlete hospitality. This fee includes: SCLS Fund/Program Fee (\$2), SC LSC Sports Development Fee (\$2), Jennifer Smith Sch (\$1), Out-of-SCLSC Travel Fund/Program Fee (\$2). The entry fee also includes: 1 cap, T-shirt. There is a \$10 fee for each additional event.					
	Fee for one day registration is \$15.00. One Event fees are available for athletes not registered with USMS or USA Swimming.				
N. C.	\$10 Late Fee: Entry deadline is June 3 <sup>th</sup> , all entries received after that date requires a \$10 late fee. Those entering the day of the race are required the \$10 Late Fee. Those entering on race day or after June 3 <sup>rd</sup> may or may not receive a T-shirt, <b>THERE WILL BE NO REDUCTION IN FEE</b> . USA-S teams may enter via Hy-Tek or at ClubAssistant.com. All others please register on ClubAssistant.com. Mail-in entries are welcome.				

SATH VALL

Meet Format:	All races are an out and back, swum along a buoyed line that follows the east shore of Hartwell Lake. Buoys are placed every 10 meters for the first 500 meters and 100 meters apart after that.			
	Open 5K, Jim Keogh Senior 5K, Christine Jennings 13-14 5K: Check-in: 6:30am; Pre-race Meeting: 7:30am; Event start: 8:00am. All swimmers who have not completed the course withi 2 <sup>1</sup> / <sub>2</sub> hours will be retired.			
	Open 3K and 11-12 3K: Check-in: 8:00am; Pre-race Meeting: 9:45am; Event start: ~10:15am. All swimmers who have not completed the course within 1 <sup>3</sup> / <sub>4</sub> hours will be retired.			
	Open 2K: Check-in: 10:30am; Pre-race Meeting: 11:15am; Event start: ~11:45am.			
	Open 1K and 10 & Under 1K: Check-in: 11:30am; Pre-race Meeting: 12:15pm; Event start: ~12:45pm.			
	Brad Hitchings Open .5K: Check-in: 11:30am; Pre-race Meeting: 12:15pm; Event start: ~1:30pm.			
	Safety boats will monitor the entire course. Water and a sports drink will be available on every boat on the course and at the turn. Swimmers must wear race cap, numbers on both arms and back for identification, and scanable number bracelet. Medical personnel will be at the site.			
	All like-distances will be seeded as a single event, without regard to a swimmer's age or gender Places, awards, and published results will be separate for each event, age group, and gender. Meet Director reserves the right to change seeding if number s of entries warrants changes. 1650/1500 Free time will be used for seeding the 5K if needed.			
Time of Meet:	Event and Distance Check-In Pre-Race Meeting Event start not before Open 5K, Jim Keogh Senior			
	5K, Christine Jennings 13-14 5K 6:30am 7:30am 8:00am			
	Open 3K, 11-12 3K 8:00am 9:45am 10:15am			
	Open 2K 10:30am 11:15am 11:45am			
	Open 1K, 10 & Under 1K 11:30am 12:15pm 12:45pm			
	Brad Hitchings Open .5K 11:30am 12:15pm 1:30pm			
	Warm-ups can be done as needed in guarded areas of the beach.			
Entries:	Entries can be made on ClubAssistant.com, by Hy-Tek file or mail the entry form attached to this information. USMS Swimmers not registering by ClubAssistant.com must send in a copy o their current registration with entry. Those teams entering by Hy-TeK file please include 1650 times and t-shirt sizes for each entered swimmer on a separate file. SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline.			
	(This applies to membership in SC Swimming, not one-event entries.) All entries must be received by June 3 to guarantee receipt of the T-shirt. Late entries and deck entries are accepted with an additional \$10 fee.			
Awards:	<ul> <li>Plaques will be given to the top 3 finishers, by gender, in each event. The top 10 finishers in each age group recognized by USA-S and USMS will receive ribbons. SC LSC Championship medals will be given to the top 10 SC Swimming places in the Jim Keogh 5K, Christine Jennings 13-14 5K, 11-12 3K and 10 &amp; Under 1K. The SC LSC Championship team banners and plaques will be awarded to the top scoring the SC Teams. ANNA C SAMS 11.5K Recognition will be</li> </ul>			
Scoring:	given to anyone who competes in all distances. Anna is the first to swim and place in all events. SC LSC Championships will be scored 11 pts for 1 <sup>st</sup> , 9 for 2 <sup>nd</sup> , 8 for 3 <sup>rd</sup> , 7 for 4 <sup>th</sup> , 6 for 5 <sup>th</sup> , 5 for 6 <sup>th</sup> , 4 for 7 <sup>th</sup> , 3 for 8 <sup>th</sup> , 2 for 9 <sup>th</sup> , 1 for 10 <sup>th</sup> , then totaled by team for team awards and recognitions. Those competing in the SC LSC Championships can score in one event only for team scoring.			
Timing:	Timing is done by stopwatch.			
Coaches	Coaches representing swimmers must be coach members of USA Swimming and must have			
Eligibility:	their credentials visible at all times.			
Other	Hospitality for athletes after their swim is provided. Concessions will be available.			
Information:	Lodging/Camping info is available at ClemsonAquaticTeam.org.			

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### Order of Events

Event and Distance	Check-In	Pre-Race Meeting*	Event start not before	
Open 5K, Jim Keogh Senior 5K, Christine Jennings 13-14 5K	6:30am	7:30am	8:00am	
Open 3K 11-12 3K	8:00am	9:45am	10:15am	
Open 2K	10:30am	11:15am	11:45am	14
Open 1K 10 & Under 1K	11:30am	12:15pm	12:45pm	
Brad Hitchings Open .5K	11:30am	12:15pm	1:30pm	

Anna C Sams recognition is the swimming of all events.

\*Participants need only attend one pre-race meeting.

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## Meet Entry Summary Sheet Not to be used by individuals entering the meet

Total Number of Swimmersx \$40.00 Entry This fee includes: 1 Event, SCLSC Travel Fund/Program Fee (\$2), SC LSC Sports Development Fee (\$2), Jennifer Smith Scholarship Fund (\$1), Out-of-SCLSC the Travel Fund/Program Fee (\$2)	Fee =\$
Total # of Extra Events: x \$10.00	-\$
Total Fees:	-\$
Team:	Team Code:
Head Coach:	
Send e-mail results to:	T COLOR D B
Send Paper copy in lieu of e-mail to:	

In granting this sanction it is understood and agreed that USA Swimming, SC Swimming, Clemson Aquatic Team, US Army Corps of Engineers, City of Clemson, Clemson University, meet sponsors and volunteers shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Mail check for the above amount, and signed copy of this form to:

Clemson Aquatic Team PO Box 411 Clemson SC 29633-0411

### 18<sup>th</sup> Annual Death Valley Open Water Swim Meet and SCLSC State Championships Entry Form June 9, 2012 (severe weather date June 10, 2012)

USA-S Teams are very strongly encouraged enter by Hy-Tek

#### Go to www.ClemsonAquaticTeam.org for Hy-Tek downloadable event file

### Meet can be entered through www.ClubAssistant.com

Name:		Age Gender: Registration Number (required):	
Street Address:		USA Swimming:	
City:	State: Zip:	USMS:	
E-mail:		Check if neither USMS or USA-S:	
Phone:	_ Club:	Club Code with LSC (ex SC-CAT):	
Fees: First event \$40.00, \$10.00 for a	each additional event. For non-members o	of USA-S or USMS an additional \$15 is required for one event me	embership

Check event(s) to be swum: 5K	1650/1500 time: _	31	Χ	2K	1K	5K
					Make chec	ks payable to:
T-Shirt Size (Adult sizes only): S	M L XL	_XXL	Send to:		CAT	1
					PO I	Box 411
Entry fee \$40.00		= \$	40.00		Clen	nson SC 29633-0411
Additional event(s) (\$10 per event)		= \$		_		
Non-members of USA-S or USMS \$15	5 for one-event members	hip = \$ _				
Late Fee \$10.00		= \$				
	-	Fotal = \$				

#### US MASTERS Swimmers: Please read and sign the liability release:

#### Liability Release

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, UNITED STATES ARMY CORPS OF ENGINEERS, SC DEPARTMENT NATURAL RESOURCES, UNITED STATES COAST GUARD AUXILIARY, CLEMSON AQUATIC TEAM, CLEMSON UNIVERSITY, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1). Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming, and agree to assume those risks.

MASTERS ONLY REQUIRED to sign:	Date:			
cut and Accommodations	save Event			
Go to ClemsonAquaticTeam.org and under the "CAT Hosted Meets" tab you will find a listing of the local hotels that support CAT. Please support them as a thank you for their support of CAT. Most accommodations are with-in 2 miles of the venue.	Open, Senior, 13-14 5K Open and 11-12 3K Open 2K Open and 10&Under 1K	8:00am 10:15am 11:45am 12:45pm		
Camping information can be found at SouthCarolinaParks.com. The closest park is Twin Lakes State Park.	Open Half K	1:30pm		
GPS Co-ordinates: Lat: 34.677159, Long: -82.854853	Nearest Airport: Greenville/Spartanburg is ~50 miles; Atlanta, Charlotte, and Columbia are ~120 miles			

#### While in Clemson you'll find lots to see and do!

Hartwell Lake, with its 1,000 mile shore line, offers wide opportunities for water sports. Lake Keowee and Jocassee, and the Blue Ridge Mountains, are less than an hour away. Visitors will find ample motel accommodations and campsites for overnight stays. We hope you'll enjoy your visit with us and will take advantage of all our area has to offer while you're here.

For tourist information call Clemson Area Chamber of Commerce (864/654-1200); the Clemson University Visitors Center (864/656-2461); or the Pendleton District Historical, Recreation and Tourism Commission (864/646-3782).