

# USMS 2009 3000 Yard Postal Swim Meet

September 15 to November 15, 2009

Held under of the sanction USMS: 559-004

Hosted by the Clemson Aquatic Team, Clemson SC

Meet Director: Jacque Grossman

PO Box 411, Clemson SC 29633-0411

(864)646-8836 or jelg@innova.net

## 2009 USMS Postal 3000 Yard Relay Results

Place	Club Name	Total Time	Name	Age	USMS #	Time	Record
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### Women's 18+ Relay (3 x 3000)

	Inland NW	1:48:14.76	(2003)		Record		
1	OREG	1:56:09.42	Kelsey Bowen	24	379E-0271E	0:39:51.69	
			Erin Popelka	28	370Z-05GD1	0:38:28.06	
			Stephanie Schultz	43	3794-026G4	0:37:49.67	
2	SPM	2:04:04.06	Sally Decker	20	149V-05W5M	0:40:47.08	
			Adrienne Forkois	30	1498-02T8G	0:42:55.99	
			Sarah Swoch	24	149U-02TVT	0:40:20.99	

### Women's 25+ Relay (3 x 3000)

	1776	1:45:20.57	(2004)		Record		
1	SPM	1:49:31.17	Alegra Reich	34	149A-02PXB	0:37:31.36	
			Jessica Knapp	33	1406-001VB	0:32:40.73	
			Paula Texel	39	149C-0625D	0:39:19.08	
2	NIAG	2:08:37.46	Diana Adlowitz	33	0497-01XJE	0:42:41.48	
			Mary Eggers	35	049G-01XT5	0:43:29.67	
			Debra Wyspianski	42	0495-01XXP	0:42:26.31	
3	NCMS	2:13:25.04	Karen Raschke	25	130M-02K6P	0:44:47.53	
			Andrea Packard	34	130R-033B8	0:36:27.51	
			Greta Van Meeteren	62	130H-0232R	0:52:10.00	
4	OREG	2:13:33.93	Evelyn Pryor	32	3709-026P2	0:42:56.94	
			Nancy Sorlie	46	3793-026K6	0:45:36.00	
			Teresa Copeland	51	379T-0266N	0:45:00.99	
5	MICH	2:28:04.36	Tracy Durham	25	1907-06HGE	0:45:31.35	
			Julie Parrish	40	190H-06729	0:50:18.99	
			Jennifer Parks	66	199P-028W4	0:52:15.01	

### Women's 35+ Relay (3 x 3000)

	Colonial 1776	1:48:46.21	(2007)		Record		
1	NIAG	1:54:32.94	Dana Gianniny	40	040U-01X7C	0:36:43.57	
			Ann Marie Crye	38	0498-05VH3	0:37:40.05	
			Maureen Bischoff	43	049C-01XBB	0:40:09.32	
2	MICH	2:02:01.91	Jill Guerrero	36	190Y-006B1	0:40:47.16	
			Denise Brown	49	199G-01U86	0:35:43.78	
			Maddie Diedo	51	199G-028U9	0:45:30.97	
3	OREG	2:08:16.82	Susie Young	40	370H-026U2	0:40:40.34	
			Gillian Salton	41	3702-05G96	0:44:30.99	
			Joni Young	48	379X-0260B	0:43:05.49	
4	DBMS	3:19:38.00	Nadine Olney	37	149M-06AJA	1:01:42.99	
			Iris Threatt-Milton	46	1499-02TWP	1:18:49.99	
			Ruth Thompson	59	149N-02RFR	0:59:07.99	

### Women's 45+ Relay (3 x 3000)

1	IM	1:52:36.37	Marcia Cleveland	45	2100-01S4Y	0:38:36.19	Y
			Andrea Block	47	219F-02VBE	0:33:53.41	
			Heidi Kafka	47	219N-02X7X	0:40:06.77	

Place	Club Name	Total Time	Name	Age	USMS #	Time	Record
2	OREG	1:54:48.10	Arlene Delmage	47	3794-01Z4F	0:36:24.90	Y
			Karen Matson	46	379N-0266T	0:38:13.99	
			Mary Sweat	52	370G-025UM	0:40:09.21	
	Oregon	1:55:43.32	(2003)		Record		
3	SPM	2:09:17.62	Christine Swanson	47	1499-02RFD	0:45:52.50	
			Laura Kaleel	49	149Y-02RFY	0:42:39.99	
			Sharon Steinmann	51	1490-02RG3	0:40:45.13	
4	SPM	2:57:07.97	Patricia Nardozzi	50	149F-02RG2	0:52:14.99	
			Elaine Bromwich	66	149M-02REP	0:57:36.99	
			Sandy Steer	70	1498-02RFC	1:07:15.99	
5	FMM	3:26:01.66	Sue Moucha	51	140H-02RNM	1:17:13.68	
			Mary Stein	59	140A-061WR	1:08:57.99	
			Carole Dirksmeyer	56	149H-02RZ8	0:59:49.99	

### Women's 55+ Relay (3 x 3000)

	Arizona Masters	2:10:16.77	(2008)		Record		
1	MOST	2:16:55.23	Linda Callaway	56	430F-02NEV	0:49:01.19	
			Kathy Boyer	55	4394-02G6T	0:39:41.56	
			Chris Mayhew	56	430F-02PW8	0:48:12.57	
2	OREG	2:24:52.05	Elizabeth Budd	55	370Y-0267K	0:43:51.76	
			Jeanna Summers	55	370D-000PT	0:45:52.99	
			Ginny Saunders	62	3797-026ZP	0:55:07.30	
3	SPM	2:31:04.18	Storm Eddy	59	1499-02REW	0:53:08.99	
			Barbara Prescott	59	149D-02RN6	0:50:13.20	
			Pam Geiger	57	149C-02REZ	0:47:41.99	
4	FACT	2:45:16.53	Florence Delaney	65	140S-02T4T	0:59:48.16	
			Meegan Wilson	61	1498-02REA	0:47:49.62	
			Marianne Bradley	66	140N-02RGU	0:57:38.75	

### Women's 65+ Relay (3 x 3000)

	San Diego	2:26:57.24	(2005)		Record		
1	OREG	2:57:20.57	Lynda Christiansen	65	370B-025XV	0:58:04.59	
			Sue Calnek-Morris	66	370T-02EVM	0:49:44.99	
			Peggie Hodge	69	370A-026A6	1:09:30.99	
2	FMM	3:22:34.16	Margie Hutinger	69	140X-02RCY	1:18:06.18	
			Patricia Bond	71	140S-02RDM	0:51:00.89	
			Ruth Hoskinson	79	140U-02RDJ	1:13:27.09	

### Men's 25+ Relay (3 x 3000)

1	TXLA	1:38:47.55	Brandon Marsh	35	439H-02NK4	0:32:58.44	Y
			Tyler Blessing	37	439H-02RA9	0:31:44.50	
			Larry Wood	55	439N-02NJF	0:34:04.61	
	Sierra Nevada	1:42:58.91	(1996)		Record		
2	SPM	1:46:24.74	Ted Bradley	26	1490-02TT9	0:35:04.34	
			Kern Davis	55	1496-02RET	0:34:43.71	
			Daniel Newhaller	50	149Z-02TD6	0:36:36.69	
3	MICH	1:53:21.79	Steve Brenner	33	190V-0296Y	0:37:27.40	
			Michael Bell	41	190K-0292H	0:38:26.47	
			Frank Thompson	57	199G-028XC	0:37:27.92	
4	IM	1:53:34.31	Michael Thiry	34	210H-062GC	0:40:06.96	
			Adam Parker	33	219Y-02V85	0:36:25.07	
			William Cordero	42	219M-065ZF	0:37:02.28	
5	MERR	1:53:36.23	Matt Chambers	33	099Z-01VGW	0:38:30.27	
			Kevin Joubert	37	0904-01VD7	0:36:40.99	
			Tim McGough	52	099K-01V4X	0:38:25.96	

Place	Club Name	Total Time	Name	Age	USMS #	Time	Record
6	OREG	1:58:30.39	Jeff Berebitsky	33	379Y-026XN	0:40:51.99	
			Eric Wan	43	3792-0274N	0:39:14.03	
			Robert Higley	44	3799-025VM	0:38:24.37	
7	MOVY	2:05:42.57	Randy Stotler	31	2898-06G5W	0:40:34.27	
			Kent Mc Donald	57	2899-01NS4	0:41:32.68	
			Neil Salkind	62	2800-01NSF	0:43:35.62	

### Men's 35+ Relay (3 x 3000)

	Ventura County	1:33:36.65	(2001)		Record		
1	NIAG	1:47:03.67	Mark Matheson	39	040E-01X8E	0:31:19.36	
			Randy Mayall	43	049Z-01XTR	0:37:46.18	
			William Murray	45	040Z-01X6S	0:37:58.13	
2	GOLD	1:48:19.97	Larry Caldwell	45	500T-028CR	0:36:12.99	
			David LeClair	42	500H-02D6P	0:36:22.99	
			Sean Frampton	43	500S-027T4	0:35:43.99	
3	OREG	1:49:24.71	Timothy Waud	42	370N-003DK	0:37:27.21	
			Hardy Lussier	44	3792-025VX	0:34:25.51	
			Kris Calvin	47	379R-008NK	0:37:31.99	
4	SPM	2:41:29.98	Keith Nelson	44	149X-0655S	0:59:17.99	
			Thomas Andrews	53	1496-062XZ	0:53:14.99	
			James Davis	57	149P-04S6X	0:48:57.99	

### Men's 45+ Relay (3 x 3000)

1	VCM	1:41:51.01	Kurtis Baron	45	3390-03BBC	0:34:19.21	Y
			Christopher Cooper	45	3396-049UJ	0:34:39.09	
			Jim Mc Conica	58	330P-03B07	0:32:52.80	
2	NIAG	1:45:57.14	James Byers	47	049M-01X2V	0:37:44.90	Y
			Neil Brophy	48	040F-01XC3	0:31:19.72	
			Bruce Gianniny	58	040F-01X2U	0:37:52.52	
	Ventura County	1:47:29.32	(2003)		Record		
3	IM	1:49:59.75	David Sebastian	48	219U-02WHJ	0:35:41.95	
			Chris Layton	50	2191-02VAE	0:38:30.31	
			Phil Dodson	56	219R-02UY2	0:35:47.49	
4	OREG	1:50:35.55	David Hathaway	49	379X-0270T	0:36:47.66	
			Douglas Otto	50	3793-025ZJ	0:37:30.78	
			Patrick Allender	51	3797-025Y4	0:36:17.11	
5	SPM	1:54:02.09	Ron Collins	47	149T-02RMR	0:37:12.81	
			Robert Tullman	45	149C-02SGD	0:39:51.72	
			Timothy Kennedy	53	149D-02RF0	0:36:57.56	
6	MINN	1:54:32.04	Mike Burns	49	309D-024UJ	0:37:15.99	
			Darrell Smith	53	3090-024ES	0:39:46.06	
			Thomas Emison	51	3099-024P9	0:37:29.99	
7	SPM	2:10:21.97	John Woodruff	48	1490-02RZJ	0:46:02.99	
			Stephan Freeman	53	149A-02REX	0:41:50.99	
			Keith Henthorne	52	1493-02TE2	0:42:27.99	
8	FACT	2:22:23.48	Daniel Mullett	52	140D-02RH5	0:43:00.72	
			Frank Brandt	69	140F-02F8P	0:54:07.13	
			Donald Puchalski	70	140P-02RMD	0:45:15.63	
9	MICH	2:24:10.55	Steven Kineman	50	190Z-069KV	0:57:03.28	
			Joe Aumiller	52	190C-029JT	0:39:15.59	
			Chuck Zeese	62	1909-02A0M	0:47:51.68	
10	NORT	2:26:10.53	Steven Erickson	52	309H-02533	0:48:27.34	
			Jim Hafdahl	54	309C-024PC	0:48:22.35	
			Thomas Pogue	55	3092-0253F	0:49:20.84	

Place	Club Name	Total Time	Name	Age	USMS #	Time	Record
11	FACT	2:46:27.91	Michael McCarthy	54	140M-064XD	0:51:01.99	
			Bruce Mann	51	140E-05XBC	0:55:41.69	
			John Marzulli	60	149V-02T8N	0:59:44.23	

### Men's 55+ Relay (3 x 3000)

	Ventura County	1:47:42.80	(2006)		Record		
1	OREG	1:52:17.92	Charlie Swanson	57	3798-026EP	0:38:09.21	
			Steve Johnson	61	379X-0264Y	0:35:47.58	
			Bob Bruce	61	379F-025YX	0:38:21.13	
2	SPM	2:10:40.98	Frederick Lewis	59	149D-02RG0	0:43:49.99	
			Robert Aldrich	60	149D-02T7P	0:43:29.99	
			Pat Marzulli	61	149J-02RMV	0:43:21.99	
3	FMM	2:37:42.78	Michael Biggs	61	140Z-02TJE	0:48:25.99	
			Stephen Everhart	63	140Z-02SEC	0:55:46.78	
			Charles Weatherbee	76	140H-02RR4	0:53:31.99	
4	MOVY	2:38:36.46	Allen Kossoy	56	289P-01NRW	0:50:10.32	
			Mark Begert	57	280E-01NVG	0:45:03.15	
			David Longhurst	66	289K-01NRZ	1:03:22.99	

### Men's 65+ Relay (3 x 3000)

	Oregon	2:03:34.35	(2008)		Record		
1	OREG	2:06:51.68	Tom Landis	67	370R-025X1	0:42:33.02	
			Ralph Mohr	68	379C-0261C	0:44:55.99	
			David Radcliff	75	370X-025V8	0:39:22.67	
2	VCM	2:07:55.22	Larry Raffaelli	66	339R-03B35	0:40:23.14	
			Michael Wood	67	339C-03BDB	0:43:51.12	
			Bart Bleuel	68	330C-03B01	0:43:40.96	
3	SPM	3:03:22.98	Peter Betzer	67	149K-02RFT	0:57:50.99	
			Harold Ferris	78	149B-02REY	1:13:58.99	
			Robert Beach	79	149P-02REM	0:51:33.99	

### Mixed 18+ Relay (4 x 3000)

	Novaquatics	2:22:18.50	(2001)		Record		
1	OREG	2:33:22.52	Kelsey Bowen	24	379E-0271E	0:39:51.69	
			Erin Popelka	28	370Z-05GD1	0:38:28.06	
			Kris Calvin	47	379R-008NK	0:37:31.99	
			Douglas Otto	50	3793-025ZJ	0:37:30.78	
2	SPM	2:38:12.60	Sally Decker	20	149V-05W5M	0:40:47.08	
			Sarah Swoch	24	149U-02TVT	0:40:20.99	
			Ron Collins	47	149T-02RMR	0:37:12.81	
			Robert Tullman	45	149C-02SGD	0:39:51.72	

### Mixed 25+ Relay (4 x 3000)

1	TXLA	2:13:49.92	Erin McCleave	25	4399-06G0X	0:33:59.99	Y
			Amy Marsh	32	4399-02NUE	0:35:05.99	
			Brandon Marsh	35	439H-02NK4	0:32:58.44	
			Tyler Blessing	37	439H-02RA9	0:31:44.50	
	Heart of Texas	2:16:27.57	(2001)		Record		
2	SPM	2:20:00.14	Ted Bradley	26	1490-02TT9	0:35:04.34	
			Alegra Reich	34	149A-02PXB	0:37:31.36	
			Jessica Knapp	33	1406-001VB	0:32:40.73	
			Kern Davis	55	1496-02RET	0:34:43.71	

Place	Club Name	Total Time	Name	Age	USMS #	Time	Record
3	MICH	2:32:24.81	Steve Brenner	33	190V-0296Y	0:37:27.40	
			Jill Guerrero	36	190Y-006B1	0:40:47.16	
			Michael Bell	41	190K-0292H	0:38:26.47	
			Denise Brown	49	199G-01U86	0:35:43.78	
4	IM	2:38:03.89	Adam Parker	33	219Y-02V85	0:36:25.07	
			Elizabeth Kooy	38	219U-02VBX	0:43:01.74	
			Heidi Kafka	47	219N-02X7X	0:40:06.77	
			Chris Layton	50	219I-02VAE	0:38:30.31	
5	NIAG	2:38:35.11	Diana Adlowitz	33	0497-01XJE	0:42:41.48	
			Maureen Bischoff	43	049C-01XBB	0:40:09.32	
			Randy Mayall	43	049Z-01XTR	0:37:46.18	
			William Murray	45	040Z-01X6S	0:37:58.13	
6	OREG	2:40:22.78	Evelyn Pryor	32	3709-026P2	0:42:56.94	
			Susie Young	40	370H-026U2	0:40:40.34	
			Robert Higley	44	3799-025VM	0:38:24.37	
			Bob Bruce	61	379F-025YX	0:38:21.13	
7	MICH	2:47:45.83	Tracy Durham	25	1907-06HGE	0:45:31.35	
			Joe Aumiller	52	190C-029JT	0:39:15.59	
			Maddie Diedo	51	199G-028U9	0:45:30.97	
			Frank Thompson	57	199G-028XC	0:37:27.92	
8	MINN	2:58:20.03	Nicole Moen	31	3094-0259R	1:01:16.99	
			Rachel Hughey	31	309F-0258G	0:40:00.99	
			Mike Burns	49	309D-024UJ	0:37:15.99	
			Darrell Smith	53	3090-024ES	0:39:46.06	
9	SPM	3:04:43.96	Adrienne Forkois	30	1498-02T8G	0:42:55.99	
			John Woodruff	48	1490-02RZJ	0:46:02.99	
			Patricia Nardozi	50	149F-02RG2	0:52:14.99	
			Robert Aldrich	60	149D-02T7P	0:43:29.99	
10	FACT	5:01:15.76	Nicole Dufala	33	1407-06JRF	1:00:54.48	
			Tony Thomas	53	140P-02M8N	1:13:54.20	
			John Marzulli	60	149V-02T8N	0:59:44.23	
			Maria Buda O'Toole	64	1400-02T9Y	1:46:42.85	

### Mixed 35+ Relay (4 x 3000)

1	NIAG	2:17:02.70	Dana Gianniny	39	040U-01X7C	0:36:43.57	Y
			Ann Marie Crye	38	0498-05VH3	0:37:40.05	
			Mark Matheson	39	040E-01X8E	0:31:19.36	
			Neil Brophy	48	040F-01XC3	0:31:19.72	
1776		2:20:51.38	(2004)	Record			
2	OREG	2:29:51.60	Timothy Waud	42	370N-003DK	0:37:27.21	
			Stephanie Schultz	43	3794-026G4	0:37:49.67	
			Hardy Lussier	44	3792-025VX	0:34:25.51	
			Mary Sweat	52	370G-025UM	0:40:09.21	
3	GOLD	2:33:26.96	Larry Caldwell	45	500T-028CR	0:36:12.99	
			Dale LeClair	40	500J-02D6N	0:38:55.99	
			Sean Frampton	43	500S-027T4	0:35:43.99	
			Andrea Woodburn	46	5003-027JK	0:42:33.99	
4	SPM	2:49:30.56	Paula Texel	39	149C-0625D	0:39:19.08	
			Christine Swanson	47	1499-02RFD	0:45:52.50	
			Keith Henthorne	52	1493-02TE2	0:42:27.99	
			Stephan Freeman	53	149A-02REX	0:41:50.99	
5	SPM	3:27:36.39	Flavia Zappa	42	149U-02RHK	0:52:14.42	
			Thomas Andrews	53	1496-062XZ	0:53:14.99	
			Storm Eddy	59	1499-02REW	0:53:08.99	
			James Davis	57	149P-04S6X	0:48:57.99	

Place	Club Name	Total Time	Name	Age	USMS #	Time	Record
6	MICH	3:37:27.34	Julie Parrish	40	190H-06729	0:50:18.99	
			Michael Muma	58	199Z-05EV9	1:07:02.65	
			Chuck Zeese	62	1909-02A0M	0:47:51.68	
			Jennifer Parks	66	199P-028W4	0:52:15.01	

### Mixed 45+ Relay (4 x 3000)

1	IM	2:23:59.04	David Sebastian	48	219U-02WHJ	0:35:41.95	Y
			Marcia Cleveland	45	2100-01S4Y	0:38:36.19	
			Andrea Block	47	219F-02VBE	0:33:53.41	
			Phil Dodson	56	219R-02UY2	0:35:47.49	
	VCM	2:25:59.84	(2006)		Record		
2	OREG	2:27:43.66	David Hathaway	49	379X-0270T	0:36:47.66	
			Arlene Delmage	47	3794-01Z4F	0:36:24.90	
			Karen Matson	46	379N-0266T	0:38:13.99	
			Patrick Allender	51	3797-025Y4	0:36:17.11	
3	SPM	2:36:59.37	Laura Kaleel	49	149Y-02RFY	0:42:39.99	
			Timothy Kennedy	53	149D-02RF0	0:36:57.56	
			Sharon Steinmann	51	1490-02RG3	0:40:45.13	
			Daniel Newhaller	50	149Z-02TD6	0:36:36.69	
4	FACT	3:21:40.49	Daniel Mullett	52	140D-02RH5	0:43:00.72	
			Michael McCarthy	54	140M-064XD	0:51:01.99	
			Florence Delaney	65	140S-02T4T	0:59:48.16	
			Meegan Wilson	61	1498-02REA	0:47:49.62	

### Mixed 55+ Relay (4 x 3000)

1	OREG	2:43:41.54	Elizabeth Budd	55	370Y-0267K	0:43:51.76	Y
			Charlie Swanson	57	3798-026EP	0:38:09.21	
			Jeanna Summers	55	370D-000PT	0:45:52.99	
			Steve Johnson	61	379X-0264Y	0:35:47.58	
	DC Masters	2:47:38.21	(2003)		Record		
2	SPM	3:05:06.18	Frederick Lewis	59	149D-02RG0	0:43:49.99	
			Barbara Prescott	59	149D-02RN6	0:50:13.20	
			Pam Geiger	57	149C-02REZ	0:47:41.99	
			Pat Marzulli	61	149J-02RMY	0:43:21.99	
3	FMM	3:32:46.88	Carole Dirksmeyer	56	149H-02RZ8	0:59:49.99	
			Michael Biggs	61	140Z-02TJE	0:48:25.99	
			Patricia Bond	71	140S-02RDM	0:51:00.89	
			Charles Weatherbee	76	140H-02RR4	0:53:31.99	

### Mixed 65+ Relay (4 x 3000)

	SDSM	3:02:37.13	(2005)		Record		
1	OREG	3:09:45.27	Tom Landis	67	370R-025X1	0:42:33.02	
			Lynda Christiansen	65	370B-025XV	0:58:04.59	
			Sue Calnek-Morris	66	370T-02EVM	0:49:44.99	
			David Radcliff	75	370X-025V8	0:39:22.67	
2	FACT	3:40:48.04	Frank Brandt	69	140F-02F8P	0:54:07.13	
			Marianne Bradley	66	140N-02RGU	0:57:38.75	
			Donald Puchalski	70	140P-02RMD	0:45:15.63	
			Nancy Durstein	79	140J-02RGX	1:03:46.53	
3	SPM	3:54:16.97	Peter Betzer	67	149K-02RFT	0:57:50.99	
			Elaine Bromwich	66	149M-02REP	0:57:36.99	
			Sandy Steer	70	1498-02RFC	1:07:15.99	
			Robert Beach	79	149P-02REM	0:51:33.99	